

# WHY MARCH 20, 2026 MATTERS: THE ANGKOR WAT ALIGNMENT EXPLAINED



## THE TRIPLE ALIGNMENT

Three Cosmic Events. One Day.  
One Temple.

# The Triple Convergence

## SPRING EQUINOX

Day and night are perfectly balanced. The sun rises due east and sets due west—a moment of cosmic equilibrium that happens only twice a year.

## NEW MOON

The moon aligns between Earth and Sun, creating a void of darkness—a portal for new beginnings and deep inner work.

## ANGKOR WAT'S PERFECT ALIGNMENT

The sunrise crowns the central tower in perfect symmetry—a phenomenon the ancient Khmer architects designed 900 years ago.

This triple convergence won't happen again in your lifetime.

## WHAT IS ANGKOR WAT?

# A Temple Built as a Cosmic Map

Angkor Wat isn't just a temple—it's the world's largest religious monument and a massive stone calendar aligned with celestial movements.

### THE FACTS:

- **Built in 1113 CE**
- **402 acres** total temple complex
- **213 feet** central tower height
- **UNESCO World Heritage Site**

### WHY IT WAS BUILT THIS WAY:

- **Cosmic Axis:** The temple's main axis points east-west, aligned with equinox sunrise/sunset
- **Sacred Geometry:** Every measurement relates to astronomical cycles and Hindu cosmology
- **Portal Design:** The central tower represents Mount Meru, the cosmic mountain at the center of the universe

"Angkor Wat was designed to be activated by the sun. On equinoxes, the entire temple becomes a gateway between earthly and cosmic realms." — Archaeological Studies, University of Sydney

# WHY SPRING EQUINOX MATTERS

## The Day Everything Balances

The Spring Equinox (Vernal Equinox) is one of two days each year when day and night are exactly equal in length—12 hours each.

### ASTRONOMICAL SIGNIFICANCE

The sun crosses the celestial equator, moving from southern to northern hemisphere. It rises exactly due east and sets exactly due west.

### SPIRITUAL SIGNIFICANCE

Across cultures, this day represents balance, renewal, and rebirth. It's the gateway from winter's darkness into spring's light—a time for new beginnings.

### AT ANGKOR WAT

Because the temple is aligned precisely east-west, the equinox sunrise creates a perfect crown of light on the central tower. The ancient architects designed this intentionally.

**Why March 20, 2026 is different:** The Spring Equinox itself happens every year, but the convergence with a New Moon at this location is extraordinarily rare.

## THE NEW MOON PORTAL

# When Darkness Meets Light

A New Moon occurs when the moon sits between Earth and the Sun, making it invisible in the night sky. This creates a void—a cosmic reset button.

### WHAT MAKES THIS NEW MOON SPECIAL:

#### ENERGETIC RESET

New Moons are traditionally times for setting intentions, planting seeds, and beginning new cycles. Combined with the Spring Equinox, this energy is amplified.

#### INNER WORK GATEWAY

The darkness of the New Moon supports deep introspection and

# WHY THIS WON'T HAPPEN AGAIN

## Once in a Lifetime

While Spring Equinoxes happen every year and New Moons happen monthly, their exact convergence at this specific location with this level of alignment is extraordinarily rare.

### THE MATH BEHIND THE MAGIC:



**New Moon Cycle: 29.5 days**

The moon completes its phases every ~30 days



**Spring Equinox: March 19-21 (annually)**

Varies slightly each year due to Earth's orbit



**Perfect Alignment Window: ~3 days**

When the sun's position creates the crown effect at Angkor Wat

### THE RESULT:

A New Moon falling on the exact day of Spring Equinox happens roughly once every 19 years. But having it align with Angkor Wat's perfect sunrise geometry? **That's generational.**

The next time all three elements align this precisely? Likely not in our lifetimes.

# WHAT THIS MEANS FOR YOU

## Why Being Present Matters

This isn't just about witnessing a beautiful sunrise. It's about placing yourself inside a cosmic portal that has been activated by time, space, and ancient intention.

### ENERGETIC AMPLIFICATION

Sacred sites like Angkor Wat hold accumulated energy from centuries of prayer, ritual, and pilgrimage. When activated by celestial alignment, that energy becomes palpable.

### TRANSFORMATION GATEWAY

Being physically present in this portal allows you to reset patterns, release what no longer serves, and plant seeds for your next chapter.

### COLLECTIVE CEREMONY

Practicing with a conscious group amplifies individual transformation. The field you create together becomes greater than the sum of its parts.

### ONCE-IN-A-LIFETIME

Some moments can't be replicated. This is one of them. The convergence of place, time, and cosmic alignment creates a singular opportunity.

"The universe speaks in patterns. When three rare events converge at a sacred site built to receive them, paying attention isn't optional—it's destiny."



# THE RETREAT EXPERIENCE

JOIN SHIVA REA AT ANGKOR WAT

# March 16-22, 2026

## 7 Days of Transformation at the Cosmic Portal

Led by Shiva Rea (25+ years teaching Prana Flow)

### WHAT'S INCLUDED:

- ✨ Daily Prana Flow Yoga  
With Shiva Rea at sunrise
- 🌅 Spring Equinox Ceremony  
Inside Angkor Wat at dawn on March 20
- 🏠 5-Star Resort Accommodation  
Luxury rooms with all amenities
- 🍽️ Meals Included  
Breakfast, lunch, daily
- 🏛️ Temple Tours  
Expert local guides through Angkor Wat complex
- ✈️ Airport Transfers  
All transportation and logistics handled
- 👥 Group Support  
50 conscious practitioners on the journey with you
- 🧘 Daily Practice  
Morning and evening sessions
- 🌙 New Moon Ceremony  
Special ritual on March 20
- 🛀 Free Time  
Spa treatments, pool, personal reflection

### INVESTMENT:

Early bird pricing

(until January 30, 2026)

Regular pricing

(after January 30)

Payment plans available

# WHO IS SHIVA REA?

## Your Guide Through the Portal

Shiva Rea is one of the world's most respected yoga teachers, known for bringing the roots of vinyasa flow into contemporary practice.

### EXPERIENCE:

- 25+ years teaching yoga globally
- Founder of Prana Flow Yoga
- Trained under the late Sri K. Pattabhi Jois (founder of Ashtanga Yoga)
- Featured in Yoga Journal, Om Yoga, and numerous international publications
- Led transformational retreats on six continents

### TEACHING STYLE:

Shiva's Prana Flow weaves together the traditions of vinyasa (movement), tantra (energy), Ayurveda (living wisdom), and bhakti (devotion). Her practice is fluid, intelligent, and deeply rooted in yoga's ancient lineage while remaining accessible to modern practitioners.

### WHY SHIVA CHOSE ANGKOR WAT:

"I've been planning this retreat for years because March 20, 2026 represents a cosmic convergence that won't happen again in our lifetimes. Angkor Wat was built to be activated by celestial alignment, and when that portal opens, I want to guide practitioners through it with intention, presence, and ancient practice."

This isn't just a yoga retreat. It's a pilgrimage led by a teacher who understands the sacred intersection of movement, energy, and cosmic timing.

# IS CAMBODIA SAFE?

## Everything You Need to Know

Let's address the question directly: **Yes, Cambodia—and specifically Siem Reap (home to Angkor Wat)—is safe for travelers.**

### THE FACTS:

# 2M+

## Tourists Annually

Cambodia welcomes over 2 million international visitors every year, with Angkor Wat being one of the most visited UNESCO World Heritage Sites in Asia.

**Siem Reap Is a Tourism Hub:** The city exists to support Angkor Wat tourism. It has modern infrastructure, international hotels, excellent restaurants, and English-speaking guides.

### YOUR SAFETY ON THIS RETREAT:

#### 5-Star Resort

Secure, gated property with 24/7 security and staff

#### Private Transportation

No public transit; private vehicles for all group movement

#### Group Travel

You're never alone; always with all other retreat participants

#### Expert Local Guides

Licensed professionals who know the temples and the culture

#### Medical Support

Resort has medical staff; international hospital 10 minutes away

#### Constant Communication

Shiva and retreat coordinators available 24/7

### WHAT ABOUT THE RECENT BORDER NEWS?

Recent fighting has been confined to remote border areas far from Siem Reap. Angkor Wat is 200+ miles from any conflict zones, in the heart of Cambodia's most secure and tourist-friendly region.

**The U.S. State Department rates Siem Reap as Level 1 (Exercise Normal Precautions)—the same level as most of Europe.**

"I've led retreats in over 30 countries, and I would never bring a group anywhere I didn't feel completely safe. Cambodia has some of the warmest, most welcoming people I've ever encountered, and Siem Reap is built to hold travelers with care." — *Shiva Rea*

You're not backpacking alone. You're part of an organized, luxury retreat with every detail managed for your safety and comfort.

# WHAT A TYPICAL DAY LOOKS LIKE

## Your Daily Rhythm at Angkor Wat

**5:00 AM - Wake & Prepare**  
Gentle wake-up. Light tea and fruit available.

1

**6:00 AM - Sunrise Practice**

Greeting the sun as it rises above Angkor Wat  
On March 20, this is the Equinox ceremony as the sun crowns the central tower.

2

**5:30 AM - Depart for Temple**

Private transport to Angkor Wat (15-minute drive)

3

4

**8:00 AM - Return to Resort**

Private transport back

**8:30 AM - Breakfast**

Buffet with local and international options

5

6

**10:00 AM - Shiva Rea Time**

Prana Flow and other specialized classes with Shiva Rea

**12:30 PM - Lunch**

Fresh, local cuisine at the resort

7

8

**2:00 PM - Afternoon Session**

Rest, pool, spa, journaling, explore Siem Reap town

**4:00 PM - Temple Exploration**

Guided tours of different Angkor temples (Ta Prohm, Bayon, etc.)

9

10

**6:30 PM - Sunset & Return**

Watch the sunset over the temples, return to resort

**7:30 PM - Dinner**

Group dinner with time to connect and share

11

12

**9:00 PM - Evening Ritual (Optional)**

Gentle meditation, chanting, or New Moon ceremony

**10:00 PM - Rest**

Early to bed to honor the morning practice rhythm

13

### SPECIAL NOTES:

- March 20 (Spring Equinox) is the main ceremonial day
- You're never required to attend everything; listen to your body
- Free time is built in for rest and integration
- Spa treatments available at your own cost
- Local markets and cafes easily accessible during free time

This retreat balances structure with spaciousness. You're held by the schedule but never rushed.

# THE INVESTMENT BREAKDOWN

## What \$2,200 Actually Gets You

Let's break down the value so you can see exactly what you're investing in.

<b>ACCOMMODATION (6 nights)</b> 5-star resort in Siem Reap: ~\$150/night	<b>\$1,050</b>
<b>MEALS</b> Breakfast & lunch daily: ~\$30/meal	<b>\$630</b>
<b>TEMPLE PASSES</b> 3-day Angkor Wat pass	<b>\$74</b>
<b>DAILY YOGA CLASSES (14 sessions)</b> With a world-renowned teacher: ~\$50/class	<b>\$700</b>
<b>SPRING EQUINOX CEREMONY</b> Once-in-a-lifetime ceremonial experience	<b>Priceless</b>
<b>AIRPORT TRANSFERS</b> Roundtrip private transport	<b>\$40</b>
<b>GUIDED TEMPLE TOURS</b> Expert local guides (5 tours)	<b>\$200</b>
<b>GROUP SUPPORT &amp; LOGISTICS</b> Coordination, planning, 24/7 support	<b>\$300</b>

**\$2,982+**

TOTAL RETAIL VALUE

**\$2,200**

YOUR PRICE (Early Bird)

You're saving \$782, plus gaining an experience that can't be priced.

### PAYMENT OPTIONS:

**Pay in Full** - \$2,200 (early bird) or \$2,500 (regular)

### NOT INCLUDED (What You Pay Separately):

- International flights to/from Siem Reap
- Visa on arrival (\$30 USD)
- Personal spa treatments
- Alcohol or special beverages
- Shopping and personal expenses
- Travel insurance (recommended)

### REFUND POLICY:

Package arrangement may be cancelled up to 30 days before Retreat starts

25% of charges will be imposed should the package arrangement be cancelled less than 30 days before Retreat starts.

50% of charges will be imposed should the package arrangement be cancelled less than 21 days before Retreat starts

100% of charges will be imposed should the package arrangement be cancelled less than 30 days before Retreat starts.

"No Show" on arrival date or early departure will be subject to a 100% charge of the total accommodation value including meals etc. for the entire stay

Whilst refunds will be guided by the above rules, transfers are fully permitted

# WHO THIS RETREAT IS FOR

## Is This Your Portal?

This retreat is calling a specific kind of person. See if you recognize yourself.

### YOU'RE BEING CALLED IF:

- ✦ You've been feeling a pull toward something bigger, and March 20, 2026 keeps appearing in your awareness
- ✦ You're a yoga practitioner (any level) who wants to deepen your practice in a sacred, high-energy setting
- ✦ You're drawn to astrology, cosmic timing, and honoring celestial rhythms
- ✦ You're ready to release old patterns and step into a new chapter of your life
- ✦ You love the idea of combining luxury travel with spiritual transformation
- ✦ You trust teachers with deep lineage and authentic practice (Shiva's been teaching 25+ years)
- ✦ You're curious about sacred sites and how ancient architecture holds energy
- ✦ You want to be part of a conscious community, not just a solo traveler
- ✦ You have the resources and time to invest in a once-in-a-lifetime experience

### THIS RETREAT IS NOT FOR YOU IF:

- ✗ You're looking for a beginner yoga teacher training (this is experiential, not certification)
- ✗ You need constant stimulation and nightlife (Siem Reap is chill and spiritual)
- ✗ You're not open to ceremony, ritual, or energetic practices
- ✗ You prefer rigid schedules with no free time (this retreat has spaciousness built in)
- ✗ You're not physically able to walk/stand for 1-2 hours during temple tours
- ✗ You're risk-averse and uncomfortable with international travel to Southeast Asia

**THE TRUTH:** If you're reading this and feeling a "yes" in your body—even if it scares you a little—that's the portal calling. Not everyone is meant to walk through. But if you are, you'll know.

## FREQUENTLY ASKED QUESTIONS

### Everything You're Wondering

#### Q: I'm not an advanced yogi. Can I still come?

A: Yes. Shiva's Prana Flow is accessible to all levels. If you can move through a basic vinyasa flow and you're willing to listen to your body, you're welcome. We'll offer modifications throughout.

#### Q: Do I need to room with someone or can I have my own room?

A: Everyone is provided with their own room and allocated bathroom in spacious shared apartments. You can choose to share a room with twin beds or king sized bed and this will reduce your accommodation cost.

#### Q: What if I can't make the early morning practices?

A: The sunrise practices are the heart of the retreat, especially March 20. But if you need to rest, that's honored. Listen to your body.

#### Q: Is this retreat only for women?

A: No. All genders are welcome.

#### Q: What's the weather like in Cambodia in March?

A: March is dry season—warm (85-95°F), sunny, low humidity. Perfect weather. Bring sunscreen and light, breathable clothing.

#### Q: What should I pack?

A: Yoga clothes, comfortable walking shoes, sunscreen, hat, reusable water bottle, journal, any personal items. Full packing list provided upon registration.

#### Q: Are flights included?

A: No. You book your own international flights to Siem Reap (REP). We handle all transportation once you arrive.

#### Q: What if I have dietary restrictions?

A: The resort can accommodate vegetarian, vegan, gluten-free, and most allergies. Let us know when you register.

#### Q: Is travel insurance required?

A: It's not required but strongly recommended. We suggest World Nomads or Allianz for coverage.

#### Q: Can I extend my stay in Cambodia?

A: Absolutely. Many participants add extra days to explore Phnom Penh, beaches, or other temples. We can help with recommendations.

#### Q: What's the group size?

A: There are likely to be up to 50 people joining us

#### Q: What if I'm traveling solo?

A: Most participants come solo. You'll be part of a conscious community immediately.

#### Q: Is there WiFi?

A: Yes, the resort has WiFi. Cell service in Cambodia is excellent and affordable (get a local SIM card).

#### Q: What about mosquitoes/malaria?

A: Siem Reap has mosquitoes but malaria risk is very low. Bring bug spray. Consult your doctor about whether antimalarials are necessary for you.

## TESTIMONIALS FROM PAST SHIVA REA RETREATS

### What Students Are Saying

- "I've been to dozens of yoga retreats, but practicing with Shiva at a sacred site changed something fundamental in me. Her ability to weave ancient lineage with modern practice is unmatched. I left feeling like I'd been initiated into something much bigger than myself."  
— Jennifer M., California
- "Shiva doesn't just teach yoga—she guides you into your own body's wisdom. The setting was stunning, the group was incredible, and I came home with tools I still use daily three years later!"  
— Marcus T., New York
- "I was nervous about traveling internationally for a retreat, but every detail was handled. I felt safe, held, and completely free to focus on my practice and transformation. Worth every penny!"  
— Sandra K., Texas
- "The way Shiva honors the sacred while keeping things accessible is rare. She's the real deal—not performative, not trying to be trendy. Just deep, authentic, lineage-based yoga taught with love."  
— David R., Colorado
- "This retreat helped me release grief I'd been carrying for years. Something about the combination of sacred space, intentional practice, and being witnessed by a group cracked me open in the best way. I'm forever grateful!"  
— Amara L., Oregon
- "I've studied with many famous yoga teachers. Shiva is in a category of her own. Her Prana Flow practice is intelligent, fluid, and deeply connected to the earth and cosmos. If you get a chance to study with her, take it!"  
— Rachel W., London

## THE CALL

### When the Universe Speaks, Will You Listen?

Here's the truth about moments like this:

#### They're rare.

The universe doesn't shout. It whispers. It places breadcrumbs—a date that keeps appearing, a teacher whose name you keep hearing, a pull toward a place you've never been.

#### March 20, 2026 is one of those whispers.

A Spring Equinox that aligns with a New Moon at a temple built 900 years ago to receive exactly this kind of cosmic activation.

This isn't about yoga tourism. This isn't about adding another retreat to your Instagram.

#### The early bird window closes January 30, 2026.

If you're feeling the call—even if it scares you, even if the logistics feel complicated, even if you're not sure you're "ready"—trust it.

#### The portal doesn't wait.

## HOW TO JOIN

### Your Next Steps

#### STEP 1: REGISTER YOUR INTEREST

Visit: [SoulAdvisor.com/ShivaRea-AngkorWat](https://SoulAdvisor.com/ShivaRea-AngkorWat)

Or search: "Shiva Rea Angkor Wat March 2026"

#### STEP 2: SUBMIT YOUR APPLICATION

We'll be in touch within 24-48 hours to ensure this retreat is the perfect fit for your journey.

##### What happens next:

- Complete retreat details, itinerary, and preparation guide
- Payment options and travel logistics support
- Everything you need to prepare for this sacred experience

**BONUS:** Receive a complimentary Shiva Rea practice video to begin attuning your energy to this transformational journey.

#### STEP 3: SECURE YOUR SPOT

Once approved, you'll receive a registration link. A 50% deposit holds your spot. Balance due on Jan 16th.

#### STEP 4: PREPARE FOR THE JOURNEY

You'll receive:

- Full packing list
- Flight booking guidance
- Visa instructions
- Access to our private retreat community

#### STEP 5: ARRIVE IN CAMBODIA

March 16, 2026. We'll be waiting for you at the airport. From there, you're held.

#### QUESTIONS?

Email: [cate@souladvisor.com](mailto:cate@souladvisor.com)

Subject line: "Angkor Wat 2026"

#### IMPORTANT DATES:

- January 30, 2026** - Early bird pricing ends (\$2,200 → \$2,500)
- January 30, 2026** - Balance due (60 days before departure)
- March 16, 2026** - Arrival day in Siem Reap
- March 20, 2026** - Spring Equinox ceremony
- March 22, 2026** - Departure day

## The Sun Will Crown the Temple

March 20, 2026

### Will you be there?

- Led by Shiva Rea
- Early bird ends January 30, 2026
- Only 12 spots remaining
- \$2,200 (early bird) | \$2,500 (regular)

[SoulAdvisor.com/ShivaRea-AngkorWat](https://SoulAdvisor.com/ShivaRea-AngkorWat)

"When three rare cosmic events converge at a sacred site built to receive them, paying attention isn't optional—it's destiny."

This guide was created for seekers being called to the Angkor Wat portal. If you're reading this, the universe is speaking to you.

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